



## Aftercare Matters.

Virtual support group for current and past clients and those who support them.

*Support Group Uses  
Microsoft Teams*



Providing support for those struggling with mental illness or addictive disorders can feel scary, confusing and difficult. The support of friends and family is a crucial part of our clients ability to manage their illness and live a more productive and stable life. We are here to help you navigate those emotions and provide clarity, answers, and support.

**Join our weekly *Aftercare Group Support* sessions either *VIRTUALLY* using *Microsoft Teams* (info below) or *IN-PERSON* at *API in La Mesa* (address below) in *Room 4* of our *Outpatient program*.**

This group is for current and former API clients and their family/friends support system. Sessions are led by API's Treatment Coordinators.

**WEDNESDAYS | 3-4:30PM**

Microsoft  
Teams



MEETING ID: 249 893 863 050 723  
PASSCODE: WI9DJ6UT



**24-HOUR INQUIRIES & SUPPORT ► 800-766-4API (4274)**

**apibhs.com** |   

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*Physician owned hospital.*

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