

## AUTHORIZATION TO RELEASE/OBTAIN PROTECTED MEDICAL/PSYCHIATRIC HEALTH INFORMATION

***Completion of this form authorizes the disclosure and use of your protected health information (PHI) outside of Alvarado Parkway Institute/BHS (API/BHS). Failure to provide all information requested may invalidate this authorization.***

Please read the following information and initial the bottom of this page, then complete the entire second page (Page 2) of this **Authorization to Release/Obtain Protected Medical/Psychiatric Health Information**.

I hereby voluntarily authorize API/BHS to release and disclose my Protected Health Information (PHI), which may include treatment for Physical, Mental Illness, Alcohol/Drug abuse, HIV/AIDS test results and/or diagnoses. I understand when I request information for my own personal use there may be a fee charged to cover any clerical cost. I understand that there may be some documents repetitive in nature excluded from this request, to avoid unnecessary charges. If I have questions regarding excluded documents I will contact API/BHS at 619 667-6013 to discuss my concerns.

This authorization is limited to only the PHI marked for disclosure to the listed individual. I agree that a copy or faxed copy of this authorization is as valid as the original. I have the right to make a written request to stop action on this release, but understand that action may have been completed. I understand that I have a right to a copy of this authorization.

I understand my PHI is protected under State and Federal Statutes, Rules and Regulations, including: California Confidentiality of Medical Information Act; California Administrative Code, Title 22; California Welfare and Institutions Code 5328; Title 42 of the Code of Federal Regulations, and Health Insurance Portability and Accountability Act of 1986 (HIPAA), Confidentiality of Alcohol & Drug Records (42 CFR, Part 2) and cannot be disclosed without my written consent. Under federal and state regulations governing the confidentiality of medical, psychiatric, and substance abuse information, API/BHS may not further use or disclose my PHI unless disclosure is specifically required by law.

I understand that once my PHI is disclosed pursuant to this authorization that API/BHS will no longer be able to protect the PHI disclosed and that the recipient of your PHI may not be legally required to protect your PHI. I hereby release API/BHS and its employees for any legal responsibilities or liability that may come from the release of this information. I may refuse to sign this authorization and API/BHS will not withhold treatment or eligibility for benefits based on whether I sign this authorization.

For all outside of API/BHS requests for protected health information to be released this authorization is valid for 90 days (3 months) from the date signed. If this Release of Information form is completed but not acted upon during your stay it will become void at the time of your discharge from API/BHS. For API/BHS Outpatient Services ONLY, this release is valid for one year from date of signature.

**Both pages of this form (2 pages) must be submitted COMPLETED prior to being processed:**

Patient Initial:

- **MAIL:** ALVARADO PARKWAY INSTITUTE  
ATTN: Medical Records, 7050 Parkway Drive, La Mesa, CA 91942
- **FAX:** 619-567-4762, ATTN: ROI Correspondence

because you matter!

ADDRESSOGRAPH

## AUTHORIZATION TO RELEASE/OBTAIN PROTECTED MEDICAL/PSYCHIATRIC HEALTH INFORMATION - PAGE 2

Please Release Information (check appropriate boxes):

**ATTENTION STAFF: If patient requests records for own use, this authorization MUST be sent to Health Information Services to be processed IMMEDIATELY.**

| TO                               | FROM | TO                               | FROM |
|----------------------------------|------|----------------------------------|------|
| Name _____                       |      | Name _____                       |      |
| Address _____                    |      | Address _____                    |      |
| City _____ State _____ Zip _____ |      | City _____ State _____ Zip _____ |      |

PHI to be released for the following Dates of Services: **From** \_\_\_\_\_ **To** \_\_\_\_\_

Please release the following PHI (Requests for "Any & All" records is not accepted):

|                        |                          |                     |
|------------------------|--------------------------|---------------------|
| Discharge Instructions | History and Physical     | Consultation Report |
| Discharge Summary      | Psychological Evaluation | Laboratory Results  |
| Psychiatric Evaluation | Psychosocial History     | Treatment Plan      |
| Other: _____           |                          |                     |

The recipient of this released PHI may use it only for the following purposes (MUST be identified):

|                          |                             |              |
|--------------------------|-----------------------------|--------------|
| Assessment               | School/Education Needs      | Military     |
| Continued Care/Treatment | Health Insurance Enrollment | Employer     |
| Placement & Aftercare    | Claims Settlement           | Personal Use |
| Legal Proceedings/Advice | Aid Entitlement             |              |
| Other: _____             |                             |              |

|                                                                                                                                                                                                                      |                      |                          |              |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|--------------------------|--------------|
| <b>Patient Name:</b>                                                                                                                                                                                                 |                      | <b>Patient Birthday:</b> |              |
| <b>Patient Signature:</b>                                                                                                                                                                                            |                      | <b>Date/Time:</b>        |              |
| <b>Responsible Party Signature:</b>                                                                                                                                                                                  | <b>Relationship:</b> | <b>Date/Time:</b>        |              |
| <b>Patient or Responsible Party's Contact Numbers:</b>                                                                                                                                                               | <b>HOME:</b>         | <b>WORK:</b>             | <b>CELL:</b> |
| One (1) staff/witness signature mandatory when patient is currently admitted to an API Inpatient or Outpatient program.<br>Two (2) staff/witness signatures mandatory when the patient only provides verbal consent. |                      |                          |              |
| <b>Staff/Witness Signatures 1 &amp; 2:</b>                                                                                                                                                                           | <b>Title:</b>        | <b>Date/Time:</b>        |              |
| <b>OFFICE USE ONLY: Required if patient wants records for own use:</b>                                                                                                                                               |                      |                          |              |
| <b>Physician Signature:</b>                                                                                                                                                                                          |                      | <b>Date/Time:</b>        |              |

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