

Aftercare Matters.

Support group for current and past clients and those who support them.

Providing support for those struggling with mental illness or addictive disorders can feel scary, confusing and difficult. The support of friends and family is a crucial part of our clients ability to manage their illness and live a more productive and stable life. We are here to help you navigate those emotions and provide clarity, answers, and support.

Join our weekly Aftercare Group Support sessions *IN-PERSON* at API in La Mesa (address below) in Room 5 of our Outpatient Services program.

This group is for current and former API clients and their family/friends support system. Sessions are led by API's Treatment Coordinators.

WEDNESDAYS | 3-4:30PM

7050 Parkway Drive, La Mesa CA 91942

Outpatient Services, Room 5

Please enter through the Main Hospital entrance to check in.



24-HOUR INQUIRIES & SUPPORT ► 800-766-4API (4274)

apibhs.com |   

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Physician owned hospital.

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